

Monday	Tuesday	Wednesday	Thursday	Friday	
<p>7:30 Opening / Morning Arrivals 8:00 Today's Headlines 9:00 This Day In History / Coffee Conversations 10:00 Chit – Chat (Reminiscing Time) Pictures & Questions 10:30 Activity Centers: Puzzles & Sorting 11:00 Sing A Long w/ Alison 11:30 Brain & Body Stretch w/ Nancy 12:00 Lunch / Table Discussions 1:00 Bodies In Motion: Balloon Volleyball 2:00 Snack 'n Chat 2:15 Game Time: Musical Goofy Glasses & Goofy Humor 3:00 History Of April Fool's Day & Funny Pictures/Glasses 3:30 Fine Motor Activity: April Fools Self Portrait 4:00 Past Life Roles / Client Pick Up April Fool's Day</p>	<p>7:30 Opening / Morning Arrivals 8:00 Today's Headlines 9:00 This Day In History / Coffee Conversations 10:00 Chit – Chat (Reminiscing Time) Pictures & Questions 10:30 Activity Centers: Client Choice 11:00 Sing A Long w/ Alison 11:30 Brain & Body Stretch w/ Nancy 12:00 Lunch / Table Discussions 1:00 Bodies In Motion: Make PB & J Snack & Assist 2:00 Snack 'n Chat 2:15 Game Time: Name That Sandwich & Stacking 3:00 Food Facts & Food Matching 3:30 Fine Motor Activity: Jenga & Making Patterns 4:00 Past Life Roles / Client Pick Up PB & J Day</p>	<p>7:30 Opening / Morning Arrivals 8:00 Today's Headlines 9:00 This Day In History / Coffee Conversations 10:00 Chit – Chat (Reminiscing Time) Pictures & Questions 10:30 Activity Centers: Board Games, Brain Fitness & Art 11:00 Sing A Long w/ Alison 11:30 Brain & Body Stretch w/ Nancy 12:00 Lunch / Table Discussions 1:00 Woodworking / Bodies In Motion w/ Jessica 2:00 Snack 'n Chat 2:15 Special Event: Family Hymn Sing A Long 3:00 Game Time: BINGO & Number/Letter Matching 3:30 Fine Motor Activity: Rainbow Chain 4:00 Past Life Roles / Client Pick Up Find A Rainbow Day</p>	<p>7:30 Opening / Morning Arrivals 8:00 Today's Headlines 9:00 This Day In History / Coffee Conversations 10:00 Chit – Chat (Reminiscing Time) Pictures & Questions 10:30 Activity Centers: Animal Collages & Sorting 11:00 Sing A Long w/ Alison 11:30 Brain & Body Stretch w/ Nancy 12:00 Lunch / Table Discussions 1:00 Bodies In Motion: Carrot Cornhole 2:00 Snack 'n Chat: Carrot Cake 2:15 Game Time: Ring On The Carrot 3:00 Eat Your Vegetables (Facts) & Pictures 3:30 Fine Motor Activity: Carrot Stamping 4:00 Past Life Roles / Client Pick Up Carrot Day</p>	<p>7:30 Opening / Morning Arrivals 8:00 Today's Headlines 9:00 This Day In History / Coffee Conversations 10:00 Chit – Chat (Reminiscing Time) Pictures & Questions 10:30 Activity Centers: Client Choice 11:00 Catholic Communion / Bible Study 11:30 Brain & Body Stretch w/ Nancy 12:00 Lunch / Table Discussions 1:00 Game Time: Perfect Pizza Toss 2:00 Snack 'n Chat 2:15 Name The Pizza Toppings & DIY Pizza Craft 3:00 Movie & Popcorn: Mystic Pizza Deep Dish Pizza Day</p>	
<p>7:30 Opening / Morning Arrivals 8:00 Today's Headlines 9:00 This Day In History / Coffee Conversations 10:00 Chit – Chat (Reminiscing Time) Pictures & Questions 10:30 Activity Centers: Puzzles & Sorting 11:00 Sing A Long w/ Alison 11:30 Brain & Body Stretch w/ Nancy 12:00 Lunch / Table Discussions 1:00 Entertainment: The Edge Of Illusion (John Louis – Magic) 2:00 Snack 'n Chat 2:15 Game Time: Sing It To Solve It & Sing w/ Group 3:00 Bird Facts & Bird Watching 3:30 Fine Motor Activity: Egg Balancing & Egg Stamping 4:00 Past Life Roles / Client Pick Up Rockin' Robin Day</p>	<p>7:30 Opening / Morning Arrivals 8:00 Today's Headlines 9:00 This Day In History / Coffee Conversations 10:00 Chit – Chat (Reminiscing Time) Pictures & Questions 10:30 Activity Centers: Client Choice 11:00 Sing A Long w/ Alison 11:30 Brain & Body Stretch w/ Nancy 12:00 Lunch / Table Discussions 1:00 Bodies In Motion: Seeding The Soil 2:00 Snack 'n Chat 2:15 Game Time: Animal Charades & Animal Matching 3:00 Animal Trivia / Facts & Animal DVD 3:30 Fine Motor Activities: Animal Puzzles 4:00 Past Life Roles / Client Pick Up Farm Animals Day</p>	<p>7:30 Opening / Morning Arrivals 8:00 Today's Headlines 9:00 This Day In History / Coffee Conversations 10:00 Chit – Chat (Reminiscing Time) Pictures & Questions 10:30 Activity Centers: Board Games, Brain Fitness & Art 11:00 Sing A Long w/ Alison 11:30 Brain & Body Stretch w/ Nancy 12:00 Lunch / Table Discussions 1:00 Woodworking / Bodies In Motion w/ Jessica 2:00 Snack 'n Chat 2:15 Game Time: BINGO & Number/Letter Matching 3:00 Siblings Sharing & Sibling Pictures 3:30 Fine Motor Activities: Weekday Memoir - Siblings 4:00 Past Life Roles / Client Pick Up Siblings Day</p>	<p>7:30 Opening / Morning Arrivals 8:00 Today's Headlines 9:00 This Day In History / Coffee Conversations 10:00 Chit – Chat (Reminiscing Time) Pictures & Questions 10:30 Activity Centers: Animal Collages & Sorting 11:00 Sing A Long w/ Alison 11:30 Brain & Body Stretch w/ Nancy 12:00 Lunch / Table Discussions 1:00 Pet Therapy w/ Milton Mascot: Groot 2:00 Snack 'n Chat 2:15 Game Time: Animal Trivia & Pictures 3:00 The Perfect Pet (Pictures & Stories) 3:30 Fine Motor Activities: Animal Collage & FurReal Pets 4:00 Past Life Roles / Client Pick Up Pet Day</p>	<p>7:30 Opening / Morning Arrivals 8:00 Today's Headlines 9:00 This Day In History / Coffee Conversations 10:00 Chit – Chat (Reminiscing Time) Pictures & Questions 10:30 Activity Centers: Client Choice 11:00 Catholic Communion / Bible Study 11:30 Brain & Body Stretch w/ Nancy 12:00 Lunch / Table Discussions 1:00 Bodies In Motion: Name That Dance & Dance A Long 2:00 Snack 'n Chat 2:15 Small Groups with Good Shepherd Students 3:00 End Of The Week Dance Party 3:30 Fine Motor Activities: Prep For Next Week 4:00 Past Life Roles / Client Pick Up Int'l Dance Day</p>	
<p>7:30 Opening / Morning Arrivals 8:00 Today's Headlines 9:00 This Day In History / Coffee Conversations 10:00 Chit – Chat (Reminiscing Time) Pictures & Questions 10:30 Activity Centers: Puzzles & Sorting 11:00 Sing A Long w/ Alison 11:30 Brain & Body Stretch w/ Nancy 12:00 Lunch / Table Discussions 1:00 Entertainment: Delmer Schultz 2:00 Snack 'n Chat 2:15 Game Time: Raindrops In Umbrella Game 3:00 Movie & Popcorn: Mary Poppins Go Fly A Kite Day</p>	<p>7:30 Opening / Morning Arrivals 8:00 Today's Headlines 9:00 This Day In History / Coffee Conversations 10:00 Chit – Chat (Reminiscing Time) Pictures & Questions 10:30 Activity Centers: Client Choice 11:00 Sing A Long w/ Alison 11:30 Brain & Body Stretch w/ Nancy 12:00 Lunch / Table Discussions 1:00 Bodies In Motion: Planting Flowers 2:00 Snack 'n Chat 2:15 Game Time: Name That Flower & Flower Pictures 3:00 Show & Share 3:30 Fine Motor Activities: Tissue Flowers & Tear Tissue 4:00 Past Life Roles / Client Pick Up Flower Power Day</p>	<p>7:30 Opening / Morning Arrivals 8:00 Today's Headlines 9:00 This Day In History / Coffee Conversations 10:00 Chit – Chat (Reminiscing Time) Pictures & Questions 10:30 Activity Centers: Board Games, Brain Fitness & Art 11:00 Sing A Long w/ Alison 11:30 Brain & Body Stretch w/ Nancy 12:00 Lunch / Table Discussions 1:00 Woodworking / Bodies In Motion w/ Jessica 2:00 Snack 'n Chat 2:15 Special Event: Family Hymn Sing A Long 3:00 Game Time: BINGO & Number/Letter Matching 3:30 Fine Motor Activities: Weekday Memoir – Group Riddles 4:00 Past Life Roles / Client Pick Up Rhyming Riddles Day</p>	<p>7:30 Opening / Morning Arrivals 8:00 Today's Headlines 9:00 This Day In History / Coffee Conversations 10:00 Chit – Chat (Reminiscing Time) Pictures & Questions 10:30 Activity Centers: Animal Collages & Sorting 11:00 Sing A Long w/ Alison 11:30 Brain & Body Stretch w/ Nancy 12:00 Lunch / Table Discussions 1:00 Bodies In Motion: Pin The Tail On The Cat 2:00 Snack 'n Chat 2:15 Game Time: Name That Animal & FurReal Pets 3:00 Animal Trivia & Animal Pictures 3:30 Fine Motor Activities: Reminiscing Books 4:00 Past Life Roles / Client Pick Up Animal Crackers Day</p>	<p>7:30 Opening / Morning Arrivals 8:00 Today's Headlines 9:00 This Day In History / Coffee Conversations 10:00 Chit – Chat (Reminiscing Time) Pictures & Questions 10:30 Activity Centers: Client Choice 11:00 Catholic Communion / Bible Study 11:30 Brain & Body Stretch w/ Nancy 12:00 Lunch / Table Discussions 1:00 Bodies In Motion: Balloon Volleyball 2:00 Snack 'n Chat 2:15 Game Time: 3:00 Positive Thinking & Positive Pictures 3:30 Fine Motor Activities: Prep For Next Week 4:00 Past Life Roles / Client Pick Up Good Friday</p>	
<p>7:30 Opening / Morning Arrivals 8:00 Today's Headlines 9:00 This Day In History / Coffee Conversations 10:00 Chit – Chat (Reminiscing Time) Pictures & Questions 10:30 Activity Centers: Puzzles & Sorting 11:00 Sing A Long w/ Alison 11:30 Brain & Body Stretch w/ Nancy 12:00 Lunch / Table Discussions 1:00 Awesome Art w/ Kristina 2:00 Snack 'n Chat 2:15 Game Time: Earth Day Scavenger Hunt & Nature Walk 3:00 History Of Earth Day & Globe Discussion 3:30 Fine Motor Activity: What's In The Bag & Sensory 4:00 Past Life Roles / Client Pick Up Earth Day</p>	<p>7:30 Opening / Morning Arrivals 8:00 Today's Headlines 9:00 This Day In History / Coffee Conversations 10:00 Chit – Chat (Reminiscing Time) Pictures & Questions 10:30 Activity Centers: Client Choice 11:00 Sing A Long w/ Alison 11:30 Brain & Body Stretch w/ Nancy 12:00 Lunch / Table Discussions 1:00 Entertainment: Accordion Music w/ Mark 2:00 Snack 'n Chat 2:15 Fine Motor Activity: Daisy Frisbees 3:00 Questions In A Jar & Sensory Bottles 3:30 Game Time: Daisies In The Garden (Frisbee Toss) 4:00 Past Life Roles / Client Pick Up Daisy Day</p>	<p>7:30 Opening / Morning Arrivals 8:00 Today's Headlines 9:00 This Day In History / Coffee Conversations 10:00 Chit – Chat (Reminiscing Time) Pictures & Questions 10:30 Activity Centers: Board Games, Brain Fitness & Art 11:00 Sing A Long w/ Alison 11:30 Brain & Body Stretch w/ Nancy 12:00 Lunch / Table Discussions 1:00 Woodworking / Bodies In Motion w/ Jessica 2:00 Snack 'n Chat 2:15 Game Time: BINGO & Number/Letter Matching 3:00 Traveling Around The World & Travel Magazines 3:30 Fine Motor Activities: Weekday Memoir – Life Line 4:00 Past Life Roles / Client Pick Up Road Atlas Day</p>	<p>7:30 Opening / Morning Arrivals 8:00 Today's Headlines 9:00 This Day In History / Coffee Conversations 10:00 Chit – Chat (Reminiscing Time) Pictures & Questions 10:30 Activity Centers: Animal Collages & Sorting 11:00 Sing A Long w/ Alison 11:30 Brain & Body Stretch w/ Nancy 12:00 Lunch / Table Discussions 1:00 Bodies In Motion: Ice Fishing 2:00 Snack 'n Chat 2:15 Game Time: Black & White Checkers & Matching 3:00 Penguin Facts & Penguin Pictures 3:30 Fine Motor Activities: The Perfect Penguin Craft 4:00 Past Life Roles / Client Pick Up Penguin Day</p>	<p>7:30 Opening / Morning Arrivals 8:00 Today's Headlines 9:00 This Day In History / Coffee Conversations 10:00 Chit – Chat (Reminiscing Time) Pictures & Questions 10:30 Activity Centers: Client Choice 11:00 Catholic Communion / Bible Study 11:30 Brain & Body Stretch w/ Nancy 12:00 Lunch / Table Discussions 1:00 Bodies In Motion: Hokey Pokey / Twist It All About 2:00 Snack 'n Chat 2:15 Small Groups with Good Shepherd Students 3:00 End Of The Week Dance Party 3:30 Fine Motor Activity: Clay Creations 4:00 Past Life Roles / Client Pick Up Pretzel Day</p>	
<p>7:30 Opening / Morning Arrivals 8:00 Today's Headlines 9:00 This Day In History / Coffee Conversations 10:00 Chit – Chat (Reminiscing Time) Pictures & Questions 10:30 Activity Centers: Puzzles & Sorting 11:00 Sing A Long w/ Alison 11:30 Brain & Body Stretch w/ Nancy 12:00 Lunch / Table Discussions 1:00 Bodies In Motion: Balloon Volleyball 2:00 Snack 'n Chat 2:15 Game Time: Name The Instrument & Instrument Pictures 3:00 Music & Memory: Name That Tune & Band Pictures 3:30 Fine Motor Activity: Make & Play Your Own Guitar 4:00 Past Life Roles / Client Pick Up Guitar Month</p>	<p>7:30 Opening / Morning Arrivals 8:00 Today's Headlines 9:00 This Day In History / Coffee Conversations 10:00 Chit – Chat (Reminiscing Time) Pictures & Questions 10:30 Activity Centers: Client Choice 11:00 Sing A Long w/ Alison 11:30 Brain & Body Stretch w/ Nancy 12:00 Lunch / Table Discussions 1:00 Bodies In Motion: The Price Is Right Game w/ Plinko (golf) 2:00 Snack 'n Chat 2:15 Game Time: Name That Game Show & Matching 3:00 Name That Game Show Jingle 3:30 Fine Motor Activity: I WON! (3 Wishes Collage) 4:00 Past Life Roles / Client Pick Up TV Game Show Day</p>				

RED – Level 1 & 2 Activity

BLUE – Level 3 Activity

PURPLE – Special Events

GREEN – Group Activities

(All Activities Subject To Change)

April 2019

Milton Adult Day Services